

# **International Journal of Advances in Nursing Management (IJANM)**

ISSN-2347-8632 (Print)

ISSN-2454-2652 (Online)

*Volume 14, Issue 02, April - June 2026*

## **CONTENT**

- **Prevalence and Associated Factors of Breakfast Skipping among Nursing students at a selected college in Thrissur: A Descriptive study**  
*Arjun VP, Ashley Johnson, Asna MN, Ayana Benny, Ayfin Anto, Christeena Thomas, Dipthi Prakash P, Fathimathul Hiba PI, Jaisy Joseph*..... 71
- **Knowledge regarding Mental Illness among Community people in selected areas of Batala, Punjab**  
*Rintumol P R, Hardeep Kaur, Amanpreet Kaur*..... 74
- **Impact of Rehabilitation Adherence on Functional recovery among Stroke Survivors: A Prospective Cohort Study in India**  
*Shruti M. Roy*..... 81
- **Cyber Safety knowledge among Bsc Nursing Students: A Descriptive Study**  
*Jeeva Sebastian, Jisha Jose, Aleesha Biju, Christy Mathew, Megha Manoj, Saranya V. Sasi, Syam Kumar S*..... 87
- **A study to assess the effectiveness of play therapy on anxiety among hospitalized children (6-12 years), at a selected hospital, Rajkot**  
*Komal Vala*..... 92
- **A Descriptive Study to Assess the Knowledge and Attitude on Impact of Mobile Phone usage among the mothers of under five children**  
*Amina Sherin, Anju Thomas, Babitha PG, Goutham Krishna PR, Megha Rarichan, Nikitha John, Senol P Sajan, Dhanyamol MM*..... 95
- **Knowledge, Attitude and Practice of Unused and Expired Medicines Disposal among Community-dwelling adults in Johor Bahru District**  
*Saraswathi Simansalam, Kelly Ang, Sam Aaseer Thamby, Nina Varghese*..... 99
- **An Experimental Study to Assess the Effectiveness of Structured Teaching Programme on Knowledge regarding Polycystic Ovary Syndrome among Adolescent girls in a selected school, Jodhpur**  
*Preeti Chouhan, Mehul Gehlot, Manish Singh Rajpurohit, Suman Choudhary, Bindiya, Monika*..... 107
- **The Influence of Health Education on the Knowledge and Practices of parents in the care of children with Myopia**  
*Mamta R, Kavita, Sathish R*..... 111
- **A Pre-Experimental Study to Assess the Effectiveness of a Structured Teaching Program on Knowledge regarding Respectful Maternity Care (RMC) and Implementation of LaQshya Guidelines for Quality Labour Room Practices among Nursing Students in Selected Nursing Colleges of Jammu & Kashmir**  
*Janet Anbumani, Shabnum Showkat, Qurat-ul-Aain Mir, Farkhanda Andrabi, Anum up Islam*..... 116
- **Awareness regarding *Beti Bachao Beti Padhao* Scheme to Protect Female Children: A Cross-Sectional Study**  
*Jeya Beulah D, Varisha Rahman, Vivek Kumar Soni, Vaishnavi Mishra, Vandana Yadav, Vibha Pandey*..... 119
- **Self-care among patients with Heart Failure: A Concise Review**  
*Sheeja Sebastian, Tresa Anto, Philo Resmi*..... 124
- **Instruction to author**..... 128